



Instruction and care guides for  
the Bite Buddy Super Pack

#### Bite Buddy™

Mouth Prop  
BBL, BBM, BBS

#### Tongue Tamer™

Tongue Guard  
TTLGR, TTLGL, TTSMR, TTSM

#### Saliva Sidekick™

Saliva Ejector Tube Holder  
SSKR, SSKL

#### Placement Pal™

Accessory Placement Instrument  
BBPP

#### Hero Holder™

Organizational Tray  
BBHH

For demonstration and instructional  
videos on Ascentcare's products, visit:  
[www.AscentcareDental.com/videos](http://www.AscentcareDental.com/videos)

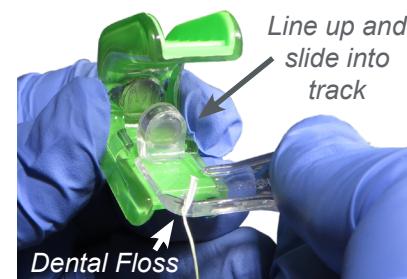
### Bite Buddy™ Mouth Prop

- When sterilized and ready to use, floss may be tied around the Bite Buddy™ for quick retrieval in the event of dislodgement or aspiration.
- Place in patient's mouth over back molars using Placement Pal™ or index finger.
- Do not place over front teeth. See photo below for proper placement of the Bite Buddy™ mouth prop. Ensure the magnetic accessory track is on the lower teeth.



- To remove, see Placement Pal™ instructions or remove by hooking with index finger and gently pulling outwards.

- When sterilized and ready to use, select the size (small or large) and orientation (left or right) for your specific needs.
- Tie dental floss to the hole in the tongue guard to allow for quick retrieval in the event of dislodgement or aspiration.
- Slide the Tongue Tamer™ into the magnetic track on the Bite Buddy™ ensuring that it is secure in the track.



- Position the Bite Buddy™ with the Tongue Tamer™ into the mouth according to the Bite Buddy™ instructions.

### Tongue Tamer™ Tongue Guard

- The Tongue Tamer™ can be removed with the Bite Buddy™ or slid from the track while the Bite Buddy™ remains in the patient's mouth. Simply hook your index finger around the tongue guard and pull it free from the magnetic track.



- Slide the Saliva Sidekick™ into the magnetic track on the Bite Buddy™ ensuring that it is securely in place.



- Position the Bite Buddy™ with the Saliva Sidekick™ into the mouth according to the Bite Buddy™ instructions. The saliva ejection tube can be placed in either position as shown below, based on your preferences.



### Saliva Sidekick™ Saliva Ejector Tube Holder

- When sterilized and ready to use, elect the orientation (left or right) for your specific needs.
- Position your saliva ejector tube under the tube holder and press it up into the holder until it is secure.



SET  
inside teeth



SET  
outside teeth

↑  
Snap  
tube into  
place

4. The Saliva Sidekick™ can be removed with the Bite Buddy™ or slid from the track while the Bite Buddy™ remains in the patient's mouth. Gently slide the saliva ejector tube with the Saliva Sidekick™ straight out of the Bite Buddy™ track.



### Placement Pal™

#### Accessory Placement Instrument

The Placement Pal™ is not intended for use while other accessory instruments are attached to the Bite Buddy™. Remove the other instruments according to their instructions before using the Placement Pal™.

#### To insert the Bite Buddy™:

1. When sterilized and ready to use, slide the Placement Pal™ into the Bite Buddy™ track, ensuring it is secure.



2. Hold the Placement Pal™ with your index finger and thumb to place the Bite Buddy™ in the proper position according to the Bite Buddy™ instructions.



2. Gently pull the Placement Pal and the Bite Buddy out of the mouth together.



3. Instruct your patient to lightly bite down on the mouth prop and gently slide the Placement Pal™ out of the track to remove from the Bite Buddy™.

#### To remove the Bite Buddy™:

1. While the Bite Buddy™ is in the patient's mouth, slide the Placement Pal™ into the magnetic track on the Bite Buddy™ ensuring it is secure.



### Hero Holder™ Organizational Tray

The Hero Holder™ neatly organizes your Bite Buddies™ and accessories. Slide the accessories into the slots as pictured above. The accessories will be magnetically held into place. Sterilize via autoclave or chemical methods according to sterilization instructions in this pamphlet.

### Sterilization Instructions:

Remove from packaging and sterilize all products according to these instructions before use.

Sterilization should be performed using chemical methods or via autoclave. Chemical sterilization is the recommended method of sterilization for added longevity of your products.

#### Autoclave Sterilization:

Please note: Insufficient water to the autoclave could cause parts to melt.

1. Products should be cleaned as soon as possible after use to prevent soils from hardening. Remove all visible debris prior to sterilizing.

2. Process product through steam autoclave following the autoclave manufacturer's instructions. Do not exceed a temperature of 130°C/266°F.

3. Store only in FDA approved sterilization pouch.

#### Chemical Methods:

1. As soon as possible after use, soak and rinse your Ascentcare instruments in warm water to remove any blood or tissues.

2. Select a liquid chemical agent registered with the EPA as a "sterilant."

3. Follow the sterilization instructions of your sterilant liquid. Most chemical sterilization solutions render instruments sterile only after 10-hour immersion.

4. Rinse, dry and store in a FDA approved sterile container if not used immediately.

For video demonstrations of Ascentcare's products, visit: [www.AscentcareDental.com/videos](http://www.AscentcareDental.com/videos)

The Bite Buddy and all accessories are latex free.

As with all products containing magnets, please take care to avoid inadvertently deactivating such devices as pacemakers, ICD's and other implanted medical devices.

Be sure to take all necessary precautions to avoid dislodgement or aspiration by following the instructions in this pamphlet.

All Ascentcare's Products are proudly made in the USA, in our hometown of Spring Lake, MI.

Ascentcare's products are protected by US Patents.

For patent information, visit: [www.ascentcaredental.com/patents](http://www.ascentcaredental.com/patents)



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